

PRESS RELEASE

**Appointment of Ginette G. Brisson as
Chief Financial Officer**

Rimouski, November 10, 2011 – The Board of directors of Ressources Appalaches (APP-TSXV) has appointed Mrs. Ginette G. Brisson as Chief Financial Officer.

Mrs. Brisson is an accountant and member of the Corporation professionnelle des comptables généraux accrédités du Québec and the Certified General Accountants Association of Canada. She worked for more than 20 years with industry, commercial businesses, and government bodies as Audit Principal for Mallette, an accounting firm. Since 2005, she has been serving a number of oil and mineral exploration companies as a public accountant.

About Ressources Appalaches

Since it was created in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in Canada, and more especially in Québec and Nova Scotia. Appalaches are mainly focused on the exploration and development of the Dufferin gold mine in Nova Scotia.

Photos of the Dufferin Mine and its facilities are available on the Company's website at: www.ressourcesappalaches.com.

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