

PRESS RELEASE

Ressources Appalaches makes the second payment for the Dufferin Mine

Rimouski, April 12, 2010 – Ressources Appalaches (APP-TSX-V) has made the second payment of \$500 000 in accordance with the purchase agreement of Dufferin Resources and the Dufferin Mine in Nova Scotia.

About Ressources Appalaches

Ressources Appalaches owns about twenty mineral properties in various stages of development. The Company's objective is to become a gold producer: on April 9, 2009 it became the owner of the Dufferin Mine in Nova Scotia. Photos of the Dufferin Mine and its mining facilities are available on the Company's website at www.ressourcesappalaches.com.

Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts any responsibility for the adequacy or accuracy of this release.

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