

PRESS RELEASE

Drilling at the Dufferin Mine

Rimouski, 11 January 2010 – Ressources Appalaches (APP-TSX-V) has carried out 3,173 metres of drilling on its Dufferin property in Nova Scotia. In all, 23 drillholes were completed and 1,184 samples were collected and analyzed for gold. In order to perform a preliminary resource calculation consistent with Canadian Standard 43-101, the first six Saddle Reef type veins were systematically drilled at intervals (cross-sections) of 75 to 150 metres over a length of 600 metres and down to a maximum depth of 210 metres. A few holes were also drilled to check on veins located within 50 metres of the surface, and to confirm the continuation of these veins over a length of 650 metres.

Gold particles up to one millimetre in diameter were seen in just over 25 % of the drillholes. The veins (Saddle Reef Veins) were intersected as anticipated in a regular and repetitive configuration, with no displacement by faults, as indicated by the 2008 drill campaign. In order to define the resources more precisely, drilling was concentrated on the first six (saddle reef) veins, above a depth of 210 metres. In 2009 no drillholes targeted the underlying veins, even though earlier drilling had indicated the presence of seven other veins of the same type above a depth of about 400 metres.

Work Stages of Ressources Appalaches

Completed stages (see previous press release)

- 2008 drilling: confirmation of extensions and of the Saddle-Reef-Vein model
- Verification of the condition of the mill
- Confirmation of the recovery rate by a metallurgical testing
- 2009 drilling: starting definition of resources

Forthcoming work

- Dewatering of the mine
- Bulk sampling
- Resource calculation
- Prefeasibility and feasibility studies

About Ressources Appalaches

Since it was first established in 1994, Ressources Appalaches has targeted the discovery and development of deposits of base and precious metals. The Company holds some twenty mineral properties in various stages of development.

Ressources Appalaches has become, as of April 9th, 2009, the sole owner of the Dufferin Mine, located in Nova Scotia and intends to become a gold producer. Pictures of the Dufferin Mine and its mining facilities are available on the Company's website at www.ressourcesappalaches.com.

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